



Provincial Job Description

TITLE:
(451) Youth Care Worker

PAY BAND:
11

FOR FACILITY USE:

SUMMARY OF DUTIES:

Provides therapeutic care, stabilization and milieu management, and participates in the mental health and addictions assessment of adolescent clients/patients/residents.

QUALIFICATIONS:

- ◆ Youth Care Worker diploma

KNOWLEDGE, SKILLS & ABILITIES:

- ◆ Basic computer skills
- ◆ Communication skills
- ◆ Interpersonal skills
- ◆ Organizational skills
- ◆ Ability to work independently
- ◆ Ability to work within a multidisciplinary team
- ◆ Valid driver's license, where required by the job

EXPERIENCE:

- ◆ Previous: No previous experience

KEY ACTIVITIES:

A. Patient Monitoring

- ◆ **Observes adolescent clients/patients/residents behaviour, emotional/mental health status and documents responses to activities and events.**
- ◆ **Monitors and assesses adolescent clients/patients/residents ability to perform Activities of Daily Living to ensure needs are consistently met.**
- ◆ **Maintains appropriate records (e.g., clients/patients/residents chart).**

B. Activities / Events

- ◆ **Implements and evaluates treatment plans, as determined by the interdisciplinary team.**
- ◆ **Develops and implements teaching interventions, where necessary.**
- ◆ **Participates in the development of the adolescent clients/patients/residents care plan.**
- ◆ **Participates in multi-disciplinary team meetings and family meetings.**
- ◆ **Assists in planning and implementing social/recreational groups for adolescent clients/patients/residents.**
- ◆ **Assists in the planning and implementation of psycho educational and life skills groups, as required.**
- ◆ **Provides one-on-one coaching to patients (e.g., Cognitive Behavioural Therapy, Dialectical Behavioural Therapy, motivational interviewing, collaborative problem solving, de-escalation techniques, and activity-focused interventions).**
- ◆ **Works with family/significant others by encouraging their participation in the treatment process.**
- ◆ **Provides unit orientation by methods such as reviewing procedures and behavioural expectations to adolescent clients/patients/residents upon admission to the unit.**
- ◆ **Assists classroom teacher with adolescent clients/patients/residents requiring additional classroom support in accordance with established guidelines.**

C. Related Key Work Activities

- ◆ **Attends training sessions, as required by the job.**
- ◆ **Utilizes and maintains equipment and supplies.**
- ◆ **May show others how to perform tasks or duties by familiarizing new employees with the work area and processes.**

The above statements reflect the general details considered necessary to describe the principal functions of the job and shall not be construed as a detailed description of all related work assignments that may be inherent to the job.

Validating Signatures:

CUPE:

SEIU:

SGEU:

SAHO:

Date: February 10, 2015